The Nominating Committee and Covenants Committee do not hold regularly scheduled monthly meetings. The committee meeting schedule can be verified at fchoa.org.

Note: S&T Club = Swim and Tennis Club; CSB = Community Services Building (Rooms A or B)

Cover photo by Michael Richardson

ARTICLE SUBMISSION REQUIREMENTS
Submit articles and any accompanying photos (with caption and photo credit) to Jenny Holland at jholland@fchoa.net. Submissions to the Activities section are due the 10th of the month preceding publication (target 200 words). All other material is due by the 5th (articles must be submitted as Word documents; target 500 words). Copy is subject to approval and editing by the Communications Committee.

PHOTO AND AD REQUIREMENTS
Resolution
Type and line art—600 dpi at 100% printed size
Photos—300 pixels per inch at 100% printed size

File formats
PDF or JPEG (maximum quality)

To reserve ad space, contact Communications Coordinator Jenny Holland at 757-258-4270 or jholland@fchoa.net.
‘Where Does Our Money Go?’

GEORGE SPALTHOFF, DIRECTOR-AT-LARGE

In the 2019 Annual Resident Survey, some respondents said they would like to know more about how our annual homeowner assessment dollars are spent. Essentially, the question was ‘Where does our money go?’

During 2019, the HOA budget has total expenses of approximately $6.3 million. These dollars are divided into two major categories: Capital Reserve and Operating Costs. This article provides an overview of how dollars in these categories are spent.

CAPITAL RESERVE

The 2019 contribution to the Capital Reserve Fund is $1.36 million. These dollars will be budgeted as a result of the Capital Replacement Reserve Model (CRRM) forecast of the funds necessary to maintain all capital items. The model predicts the costs of maintaining these items for the next 30 years. Ford’s Colony then budgets for 100 percent of the necessary funds. By law, funding must be done for capital reserve item maintenance and replacement.

Capital items (defined as having an initial cost or value of at least $5,000) include equipment, vehicles, buildings, roads, trails, pools, the mortgage on the Community Services building (CSB), streetlights, and all drainage items, such as culverts and pipes. This year, the CRRM is reserving funds for large paving projects and big pipe replacements anticipated to be needed in future years.

The CRRM seeks to level the costs over years and is funded by homeowner assessments, which are invested until needed. The fund also utilizes growth factors to reliably predict costs into the future years. A Capital Reserve five-year study is currently underway to validate the costs, conditions and expected life spans of our assets. This reserve study will update and validate the extensive CRRM maintained by the Finance Committee.

As the model builds reserves to fund future projects that would greatly exceed the reasonable amount to be collected in a single year, it provides funding for expenses in the current year. In 2019, for example, the Capital Reserve plans to fund the following expenses:

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSB Maintenance</td>
<td>$9,000</td>
</tr>
<tr>
<td>CSB Mortgage</td>
<td>$73,000</td>
</tr>
<tr>
<td>Security (gates/vehicles)</td>
<td>$34,000</td>
</tr>
<tr>
<td>Operating Equipment</td>
<td>$72,000</td>
</tr>
<tr>
<td>Paving</td>
<td>$95,000</td>
</tr>
<tr>
<td>Recreation (pools, courts, etc.)</td>
<td>$105,000</td>
</tr>
<tr>
<td>Site Work (pipes)</td>
<td>$424,000</td>
</tr>
</tbody>
</table>

OPERATING COSTS

The second and largest category of expense is operating costs. This includes all labor, utilities, benefits, medical insurance and supplies that are bought annually. Following are the major areas that are funded and what types of items are in each.

Architectural Review Committee. The ARC is supported by staff and utilizes the services of professionals from time to time to review specific site plans and resolve issues. Signage costs and inspections of new home construction sites and of resale homes are included in this budget of $66,700, along with labor and benefit costs.

General and Administrative Expenses. This category includes the Management Agent Contract cost, all professional fees (e.g., attorney and collection costs, administrative staff labor and benefit costs), as well as office-related expenses such as copy machines, project filing fees, paper, computers, software and furniture. The 2019 budget for these expenses is $790,000. A significant item of the administrative expense is to provide real estate disclosure packages. We currently provide about 200 of these per year.

The FCHOA, through the Managing Agent (MA), reimburses the cost of about 66 individuals in all departments, with Roads & Project Maintenance and Security having the most staff numbers. The pass-through costs include all benefits, taxes and wages. There is no mark-up by the MA on these costs.

Facilities and Recreation. This area includes the buildings where clubs and activities are held, the pools, tennis and pickleball courts, and the fields and courts used for softball, bocce and basketball. The Recreation Manager, support staff and lifeguards are budgeted in this department. This year we expect to spend about $480,000.

Ford’s Colony Drive. Along with the Marriott Manor Club, Ford’s Colony Country Club and the Real Estate Office, the FCHOA shares in the cost of maintaining our main entrance in a welcoming manner. For 2019, the FCHOA share is about $43,000. A chief concern is the large pipes that carry drainage water under the drive. These drainage pipes have been tested and identified as being partially blocked due to shifting, which has reduced flow capacity.

Roads and Project Maintenance. This department is the single largest expense area. In 2019, we expect to spend about $2,388,000 to maintain the roads, landscape, ponds, drainage and the equipment necessary to do this work. Nearly 90 percent of this total is for ongoing regular maintenance of the community. The remaining 10 percent is for landscape items such as replacement shrubs, flowers at entries, tree trimming and removal, and grass repair.

(continued on page 4)
Drainage pipes in many areas are approaching 20-30 years in age. While some of the repairs are covered by Capital Reserve monies, some additional expenses occur when homes are built on previously vacant lots and water runoff shifts to common area swales. Working with the builders resolves many of these issues, but the maintenance of these swales, culverts and pipes is becoming a larger issue each year. Grass is the easiest to plant, but new turf areas, especially those in the shade, are more difficult and require constant watering. Grass areas along the road right of ways require a high level of maintenance each year. The biggest risk areas are where the stone edges have been installed.

Equipment maintenance and replacement of the smaller mowers and trimmers, which are used 6 to 8 hours daily, is an annual expense, as are streetlights, which have utility and repair costs. LED lights are great on electric usage but expensive to purchase. Some are nearing their life expectancy, so replacement options are being investigated. Labor costs, benefits and taxes for the RPM staff also are budgeted in this department.

Security. The Security Department budget for 2019 is $1,241,000. This includes the costs of the dwellingLIVE® software, entry gates, internet connections at each gate, five vehicles, guardhouse equipment and 23 staff. Security is a 24/7 operation every day of the year. Whether it is an emergency medical call or a speeding car, this is the department that gets the call and responds. Expenses in this budget include vehicle maintenance and gas, emergency radios, uniforms, guardhouse maintenance and computers, and basic medical training and supplies for all staff. Some Security officers also receive ongoing training each year and may become Special Conservators of the Peace (SCOP). All of the training costs are part of the department’s budget.

**NEXT STEPS**

In late September, the Finance Committee will begin meeting with each of the departments and standing committees to prepare the 2020 budget. These meetings are open to all HOA members, and an opportunity for member comments may be arranged with the chairperson.

Additionally, Board members plan to host informal “coffees” to share updates on activities at the Board level and answer any questions residents may have. I encourage anyone who has questions or wants more information to attend the finance meetings and the upcoming Coffee With the Board sessions.

To encourage future participation, the aim is to conduct these sessions on a different day of the week and time each month, including Saturdays. Invitations will be sent via email in advance and RSVPs are requested for planning and set up.

Coffee With the Board is one of the ways the Board is seeking to increase open, two-way communications with residents. Stay tuned to the What’s Happening in Ford’s Colony e-newsletter for information about upcoming sessions. Your voice matters.
HAIL AND FAREWELL

I t is my pleasure to announce that Captain Crystal Bowers has been promoted to Acting Chief of Security, effective August 1, 2019. Chief Deb Brown has retired from Realtec Community Services after more than three decades of service. Captain Bowers will maintain her rank during this transition period.

Crystal joined the Security Department as an administrative assistant in 2004. In 2008, she spent a year with the Williamsburg/James City County Sheriff’s Department in the Courthouse as a deputy sheriff. Fortunately, Chief Brown was able to recruit Crystal back to Ford’s Colony in 2009. Crystal’s experience in both administrative duties and law enforcement helped us immediately in procedural matters and relationships with the James City County Police and Sheriff departments. In 2012, Crystal was promoted to captain and has been our second in command for these past seven years. We have every confidence in Crystal leading our Security Department into its next chapter of service to the Ford’s Colony community.

We are grateful to Chief Brown and happy (but also a little melancholy) about her well-earned retirement. Deb was one of the first hires when full-time security commenced with one roving patrol vehicle. Deb remembers when Ford’s Colony consisted of a handful of homes along John Pott and James Bray. Her department grew to more than 20 full-time equivalents with three roving vehicles on three shifts and two staffed guard-houses. Deb enhanced our security staff training and qualifications, and she established an excellent relationship with James City County Police. She also oversaw several transitions in technology from the early days of short-range walkie-talkie communications and paper reports to cellular networks, internet mobile applications and electronic reporting. Thank you, Chief Brown, for your dedication to duty and loyalty to Ford’s Colony.

GRATEFUL TO CONTINUE TO SERVE

Realtec Community Services (RCS) is very pleased to commit to another term of service to the Ford’s Colony Homeowners Association. Since 2014, our goal has been to renew our contract in 2019. As simple a goal as that may sound, it is an all-encompassing view of delivering the most exceptional service at a competitive price. We have a unique business model that has grown and flexed along with the needs of the FCHOA for more than 30 years. Assistant General Manager Sally Walls and I have dedicated our careers to Ford’s Colony and look forward to continuing to improve upon the prosperity and lifestyle of this community.

MUCH WORK AHEAD THIS MONTH

August may seem to mark the “lazy, hazy” days of summer, but there is a lot going on behind the scenes. Our staff is already working with those standing committees with the biggest budget impacts on their September presentations for the 2020 operational and reserve budgets. The early stages include much data mining, cost projections and planning. We are all well aware of the upward pressure on costs for repairs and maintenance. Everyone works hard to develop responsible recommendations for the Finance Committee and Board of Directors. The path to the November budget approval requires a tremendous amount of work. Our community is very fortunate to have staff, volunteer time and expertise put into this process.

And that is not to say the other committees are at the beach! Activities is preparing for its annual realignment in leadership at the club level and planning for upcoming events. The Architectural Review Committee goes to work weekly on new plans and renovations. Communications is busy with the monthly magazine cycle, the What’s Happening in Ford’s Colony e-newsletter and social media outreach. The Nominating Committee is preparing for the next Board election. Technology is researching data transfer and storage, and Volunteer Management is canvassing the neighborhoods for people who have some time and talents to share with our community.

CONGRATULATIONS, KILLER WHALES!

The Killer Whales swim team is finishing up another great summer for the kids. Congratulations on your undefeated season! With over 150 team members, the coaches and parent volunteers did a fabulous job, working nearly every day since mid-June. Now it’s vacation time for many families (or at least just some lap swimming in the pool without a whistle and stop watch). Truly, it is a wonderful experience to see the family energy in full motion at one of our swim meets. Thank you, swimmers, coaches and parents. Rest up for the upcoming academic year.
SUMMERTIME HEAT PRESENTS A DIFFICULT TASK FOR MAINTAINING FESCUE TURF AS IT Requires A LOT OF WATER. Throughout THE ENTIRE COMMUNITY, FORD’S COLONY HAS IRRIGATION ONLY AT A FEW ENTRANCES AND NONE ALONG THE MAIN OR SIDE ROADS. THE LACK OF IRRIGATION WAS A MAJOR FACTOR THAT DROVE THE CONVERSION TO BERMUDA GRASS IN MANY AREAS, BUT THAT IS NOT AN EFFECTIVE SOLUTION IN THE SHADIER AREAS.

Even with shade, fescue has a difficult time surviving once the overnight temperatures no longer drop below 70 degrees, especially without irrigation. For this reason, we don’t mow our large areas of fescue grass very often during the summer months. While the grass will get a bit shaggy, we want to ensure that it survives as long as possible. Nothing looks better than a nice even cut of turf, but nothing looks worse than dead turf. So, allowing it to be a little taller during the very hot summer is the technique we employ.

There are some benefits to mowing less frequently that everyone can experience. It is good for the environment (and your wallets) to decrease the frequency of mowing, which in turn decreases the need for watering. Taller fescue is less susceptible to dying out in the summer. Having more turf survive the summer makes for a stronger stand in the fall after aerating and seeding.

Keep in mind that, if you let the turf grow up a bit taller, you have to be careful with how much you cut off the next time you mow. The best thing to do is to just take a little off the top to even it out. Fescue will die out if a lot is cut off all at once, because it shocks the grass.

By not mowing our fescue as often, staff has time to paint streetlight and street sign poles and perform other routine maintenance tasks. Decreasing how often you cut may give you some additional time to work on other projects as well.
During the summer, traffic definitely picks up around the Colony. There are more vehicles entering and exiting the property, as well as an increase in foot traffic as residents and guests enjoy the leisure trails and facilities. Thanks to our dwellingLIVE® visitor management system, guest entry can be a breeze.

Are you registered for dwellingLIVE®? If not, contact Security so an invitation can be sent to you via email. After registering, you’ll want to make sure that your preferences are set up correctly in the system for guest entry. If you would like to be notified upon the arrival of a personal guest who is not on your guest list, it’s important to communicate that to Security by typing “Call” in the call restrictions box. Make sure you click on “Save Preferences” after making any changes.

There is a step-by-step guide for dwellingLIVE® on the home page on fchoa.org. As previously communicated, commercial vehicles arriving during business hours will be admitted without a phone call as they often have multiple addresses to service.

With the increase in foot traffic on the trails, our furry family members are enjoying the leisure trails and streets more and more. It’s very important that everyone cleans up after pets while out walking. Additional trash receptacles have been placed along the trails to assist residents with the waste disposal. James City County has ordinances in place to reduce pollutants that discharge into our stormwater system (James City County Code of Ordinances / Chapter 18-A Stormwater Management). In keeping with this ordinance, cleaning up after your pet prevents harmful waste from polluting the storm sewer system, while maintaining the beauty of our community.

Speaking of pets on the trail, remember that the Ford’s Colony Declaration of Protective Covenants (Homeowners Association Handbook, Article 7.4) states that “dogs shall at all times be controlled by a leash” or confined to the owner’s lot.

I hope everyone is having a wonderful summer! 

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**Open House**

**for CHIEF DEB BROWN’S RETIREMENT**

Friday, August 30
1 to 2 p.m. | S&T Club

Come share memories and best wishes
You can also send notes or cards to 100 Manchester

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**TURN KEY PROPERTY**

**“Williamsburg’s Choice for Home Improvement” Remodeling and Handyman Services**

Your calls will be returned within the hour... Guaranteed

Here is a partial list of services that Turn Key provides:

- Professional Remodels
- Professional Painting
- New Kitchens and Baths
- New Floor (Tile and Hardwood)
- Wood Rot Repair
- New Porches and Decks
- Property Management
- Custom Built Cabinetry
- Windows, Doors, Siding and Trim
- Moisture Damage
- Bonus Rooms and Garages
- Home Inspection Repairs
- Updated Plumbing and Light Fixtures Installed
- Home Watch Services
- Exclusive Dealer for Artisan Concrete Countertops™
- Handyman Services
- Drywall Repair
- Gutter Cleaning
- Staining & Sealing Decks
- Brickwork Repair
- Windows Washed
- Window Treatments
- Pictures Hung
- Cleaning Services
- Carpentry
- Mirror Plumbing
- Power Washing
- and More...

**WARRANTY ON ALL WORK - FULLY LICENSED AND INSURED**

References from Ford’s Colony Residents proudly provided.

“Our Customers become Customers for Life”

Available 24/7 757-561-3461
P.O. Box 6087 • Williamsburg, VA • philipbrown2@mac.com

Selling Your Home? Call about our pre-listing checklist.
Williamsburg Realtors use Turn Key to get their listings SOLD.
Thank you to the volunteers who come out every other month to help with snacks, registration and making donors feel comfortable while they are waiting to give blood. Special thanks go out to Marlene Nappi, who has been coordinating the volunteers for the every-other-month blood drives since 2012. Marlene has been such a great supporter of our blood drives and we will all miss her. Thank you for all you’ve done for the blood drives here in Ford’s Colony. Our best to you, Marlene!

The next Blood Drive will take place on August 23 from 10 a.m. to 4 p.m. at the S&T Club. We warmly welcome all those who can come out to give the gift of life.

ACTIVITIES & RECREATION
The Gift That Keeps On Giving
BY JENNY HOLLAND, ACTIVITIES & RECREATION MANAGER/COMMUNICATIONS COORDINATOR

SIGN UP FOR SAFETY’S SAKE
With hurricane and tornado season underway, there’s never been a better time to sign up for James City County emergency alerts. Go to jccalert.org and click on the box that reads “Sign up to receive emergency notifications.”

MARK YOUR CALENDAR
Ford’s Colony YARD SALE
LOCATED AT 312 WALLER MILL ROAD
October 12 | 8 a.m. to Noon
If you would like to be a vendor at the yard sale, payments need to be dropped off at the John Pott Guardhouse. Include in the envelope your name and phone number along with a payment of $20 in cash or check made payable to Phyllis Eastman. Payment must be received no later than September 12. Set up for vendors on the day of the yard sale will be 6 to 8 a.m. Questions may be sent to Phyllis Eastman at reastman2003@verizon.net.

SCHOOL SUPPLY COLLECTION
August 1 through August 31
We will once again have collection boxes available at the S&T Club and Community Services Office for new school supplies to help students in need.

AARP SMART DRIVER COURSES
Contact Jack Oates at 757-645-4321 or 410-258-1160 (cell) or jackoates@cox.net to schedule your class. The maximum number of participants is 35 for each class.
AARP Smart Driver Members need to bring card for discount. All attendees need to bring drivers’ license. $15 Members/ $20 Non-members
Monday, September 9:
8:15 a.m. to 5 p.m. (45 min. lunch break)
This is a one-day only class.
Mondays, November 11 & 18:
1 to 5 p.m. You must attend both of these class dates.
“Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it.”

- Albert Schweitzer

Presently, the Nominating Committee is busy identifying and recruiting motivated candidates to run for next year’s three Board vacancies. There are many priorities and issues facing the Board, from maintaining effective budget and financial management to advocating for the amendment of unfulfilled developer proffers to avoid potential financial burdens on our HOA.

As the governing body of the HOA, the Board has numerous roles critical to the future of the association. It oversees the assets of the HOA, the day-to-day operation of which is delegated to the Management Agent. The Board provides a financially stable and predictable environment. It serves as an impartial decision-making body and develops long-range plans for operational and financial needs. The Board is also the focal point for the work of the 13 standing committees within the HOA, such as Roads & Project Maintenance, Facilities and Security. Directors are elected to a two-year term and may run for an additional two-year term. To provide continuity, terms are staggered so there are vacancies every year.

Board members have a direct impact on issues that affect you and your neighbors. They approve maintenance projects, oversee community services and uphold standards. Current Board activities include finalizing a “best value” contract for HOA management and administrative services beyond December 2019, protecting the best interests of the HOA in the development of properties within the Master Plan and adjacent properties, and continuing to grow our regional marketing plan by promoting the Ford’s Colony lifestyle.

The Nominating Committee is looking for conscientious and energetic volunteers as prospective candidates to fill the Board vacancies. Do you have what it takes to ensure that Ford’s Colony continues to be a premier place to live, work and play? Highly engaged and talented volunteers are the lifeblood of our community. Don’t disqualify yourself if you are a new resident. Newcomers bring fresh perspectives from their diverse and accomplished backgrounds. Experience in strategic planning, finance, legal issues, communications and personnel are all transferable.

According to Board President Bob Moeller, “Participating as a volunteer in the governance of our community is a privilege. The opportunity to work with other committed volunteers and my colleagues on the Board of Directors is truly a pleasure. I would encourage everyone to consider volunteering in any capacity you can. You’ll find out how rewarding it is to be part of this caring community. We always need more engaged, committed volunteers interested in being part of the governance of our community.”

Become involved and make a difference by running for the Board. If you wish to become a nominee or know someone who would make a good candidate, contact us at nominating.fchoa@gmail.com.

Members at a recent Board Work Session

Photo by Denise Nugent

DRIVING SERVICES

Semi-retired Ford’s Colony resident will drive you anywhere you need to go; clean cars, fully insured, good rates. Call or email your needs: (757)-564-3336 gbrown060@gmail.com
**SAVE THE DATE**

### 5th Annual Butterfly Festival

**August 3 & 4 | 9 a.m. - 4 p.m.**
Williamsburg Botanical Garden at Freedom Park
5537 Centerville Road

Take advantage of a “close encounter” with nature at the Williamsburg Botanical Garden (WBG), just up the road at Freedom Park. Enjoy the butterflies and the opportunity to purchase native plants to encourage them to visit your gardens. Green Spring Garden Club (GSGC) has sponsored the Festival for five years. The Festival has attracted over 4,000 visitors the last two years and become a signature community event. For more information, visit **WilliamsburgBotanicalGarden.org**.

(From left) Ford’s Colony resident and WBG Chair Mike Whitfield and GSGC President Kay Ruhf with Ford’s Colony residents and members of Green Spring Garden Club Joan Gorczyk, Diane Brusman, Marijane Harper and Deanna Isemann

*Photo by Don Harper*
A current country song asks this question, and recently a group of ladies from Ford’s Colony answered it for themselves when they took on the Go Ape ropes and ziplining course for the first time! It didn’t start out as a light-hearted event. Filled with some trepidation, even fear, we accepted the challenge that started when members of a lunch group decided they wanted an adventure.

Go Ape is a two- to three-hour, adult high-ropes Treetop Adventure course, including suspended obstacles, swings and multiple zip lines. It was a little daunting for most of us, but the staff assured us that if we could get through the second station, we could do it all. That station required climbing a rope ladder up 30 feet to a platform, followed by a Tarzan-like swing onto a huge cargo net that we needed to grab and climb to the next platform. Terrifying? Definitely! But what a thrill to reach that platform and cross a short high-wire to the first zipline. (An important safety note here is that we were all harnessed up with multiple carabiners that we attached at each platform and on the zip lines.)

But let’s back up a little. The adventure began with a conversation between members of a lunch group about wanting to do things that we were made to believe we were too old to do. Rosie Cooksey took the lead to organize dates, tickets and information, and the five from the lunch group grew to 14 enthusiastic “Go Apers.”

We started the afternoon with a picnic lunch where the ladies shared why they wanted to accept the challenge and what they expected to gain or learn from it. That moment of describing the personal concerns and hopes stayed with us as we cheered each other on through the demanding obstacles along the course.

What did the ladies think of it?

“I was so darned proud of all of us for completing the entire thing. I was afraid, but I conquered that.”
– Linda Sine

“I almost chickened out after the first Tarzan swing into the ropes, but then the adrenaline got going.”
– Marla Boren

“Sharing such an adventure deepens relationships. We realized that, despite our age and varied infirmities, we could actually DO this.”
– JoAnn Gora

“We did it! No tears, no broken bones, just determination and support from our buddies! Eleanor Roosevelt would be proud as she urged: ‘Do one thing every day that scares you!’”
– Terry Cavanaugh

“The ‘sharing fears’ exercise helped us bond as a team. Each woman’s honesty increased our compassion and trust.”
– Cissie Cullivan

“In overcoming challenging medical issues, I learned that I need to ‘live life’ and get out of my comfort zone. It was an enjoyable, fun and memorable day, full of support from others.”
– Denise Nugent

The smiles as each woman rode the last zipline to the finish told the real tale—we had a great time. Afterward, the question that filled the air was, “What can we do next?”
OVER two days, bridge and Mah-Jongg teams across Hampton Roads raised funds for The Longest Day, the Alzheimer’s Association’s signature fundraising event to fight Alzheimer’s disease. The Alzheimer’s Association provides support and care for those who suffer from the disease and fund research for a cure.

For the last seven years the American Contract Bridge League has partnered with the Alzheimer’s Association to raise funds for The Longest Day, held around the summer solstice, by playing bridge and reaching out to donors to support this important cause. This year the Williamsburg and Hampton Roads bridge community held events over two days. Bridge players and Mah-Jongg players raised over $10,000, including donations from family and friends. Jordan Storm and Betsy Overkamp-Smith from the Southeast Virginia Chapter of the Alzheimer’s Association attended two of the events.

The local business community provided door prizes for the three events held at Ford’s Colony, where Harris Teeter provided lunch; at Two Rivers Country Club, where players enjoyed a buffet dinner; and at the Peninsula Bridge Center in Hampton, where players enjoyed an ice cream social. Businesses that donated gift certificates or products included Anderson’s Home & Garden Showplace, Atir Natural Nail Care Clinic, Blue Talon Restaurant, Bonefish Grill, Center Street Grill, Dog Street Pub, Edible Arrangements, Ford’s Colony Country Club, Harris Teeter (Quarterpath Crossing, Governor’s Green and Lightfoot), Marvelous Nails, Office Depot, Opus 9 Steakhouse, Posh Salon, Salon Vivace, Seasons of Williamsburg, Target, The Fresh Market, The Precious Gem, TJ Maxx, Trader Joe’s, Wal-Mart, The Wine Seller, and Wild Bird’s Unlimited.

The event organizers thank the participants and businesses for making this huge event such a success.
Mention quilting to any group of ladies in Ford’s Colony and chances are one of them is either a quilter or knows of someone who is. Recently I had the opportunity to spend a morning at the home of Peggy Kipling talking to a few quilting bee members.

Begun last fall by Jody Gruendel, the group currently consists of eight women: Jody Gruendel, Denise Horbert, Jill Sitter, JoAnn Giesen, Sharon Hurwitz, Peggy Kipling, Karol Sibley and Karen Zaenker. Their monthly work sessions may consist of sharing a new technique or planning their next field trip, along with working on their current projects.

On the day I visited, JoAnn was showing the group a paper-piercing technique she had recently learned. An avid knitter, she has been quilting for about a year. Her current work in progress is a quilt for her grandson.

Sharon began quilting as a retirement hobby in 2001. She has completed more than 30 quilts, wall hangings and table runners to date. Says Sharon, “What I like most about quilting is laying out the blocks and moving them around to see what works best. One of my favorite subjects in high school was geometry, so quilting fits right in with my love of mathematics.”

Denise has the longest history with quilting, having been involved for over 40 years. A Home Economics teacher (remember them?), she says quilting is a creative outlet and quite therapeutic. A quilter’s quote is, “She who dies with the most fabric wins.” These ladies have incredible fabric stashes.

Peggy has been quilting for over 28 years. When she got her new Pfaff machine in 1996, she says, “At the time it was like a scene from Fiddler On The Roof when the son-in-law got his new treadle machine.” To hear these ladies talk about sewing machines and the technology in use today is simply amazing.

On a recent road trip to the Sewlovelee Quilt Shop in Irvington, the quilters were able to purchase more fabrics and obtain new ideas. There is also discussion about a road trip to the Virginia Quilt Museum in Harrisonburg. This group of ladies creates beautiful work, which reflects much love, talent and patience.
ENJOY ‘GOOD TIMES AT THE BELVEDERE’

The Ford’s Colony Dance Band will perform at the 6th annual outdoor “Good Times at the Belvedere” concert/picnic from 5 to 7 p.m. on Sunday, September 8 (rain date is Sunday, September 29). The full 17-piece big band will play favorite songs such as “Bye Bye Blackbird,” “Chattanooga Choo Choo,” “Gonna Fly Now” (theme from Rocky), “How High the Moon,” “Sam’s Boogie” and “Autumn Leaves.”

Open to all Ford’s Colony residents, their family and friends, this event will take place at the Belvedere, the large white gazebo located on the circle at the end of Ford’s Colony Drive. This year’s new attractions are the Ford’s Colony Auto Enthusiast’s Club’s Motorcade and Car Exhibit, and a 50/50 Raffle in support of Olde Towne Medical Center. Raffle tickets ($5/each, 3 for $10 or 8 for $20) will go on sale at 5 p.m. with the drawing at 7 p.m. You must be present to win. Half the money collected will be for the Medical Center, with the other half split equally among winning ticket holders.

Thanks to the Ford’s Colony Home Owners Association, Ford’s Colony Country Club (FCCC) and the Marriott Manor Club, admission to this event is free. The FCCC also is providing free parking and family fun activities. Food and drinks will be available for purchase, or you can bring your own. And Murdoch’s at the FCCC will be open for drinks and dining before, during and after the event.

Be sure to bring lawn chairs and blankets and have a good time! For more information, contact Larry Stowe at 757-564-8550 or FCDB@cox.net.

A GATHERING OF FRIENDS AND FAMILIES

The annual block party for residents of Stokes Poges and Saunton Links was held on June 15. There were 23 residents in attendance representing 11 families. A good time, as usual, was had by all!

Photo by Ginny Degnan
The Ford’s Colony Fly Fishing Club is hosting a casting clinic for any and all interested in acquiring fly-fishing skills. And you don’t have to be Brad Pitt in “A River Runs Through It” to learn how to shoot a weighted line to a likely trout lair.

It’s really quite simple once you get the knack. To help you, we have a number of members who will teach you the basics. They’ll bring their rods, reels, lines to demonstrate, then turn the equipment over to you for some one-on-one tutoring.

You’ll find that it’s fun and uncomplicated as well as challenging and rewarding.

The casting clinic is scheduled for Tuesday, September 10 at the Chisel Run Creek Pond at Williamsburg West Drive. There’s plenty of parking available. Members will be on hand from 5 to 7 p.m., and afterwards we’ll answer any and all questions about equipment needs, costs and club outings.

If you are interested in attending this clinic, please RSVP to Mike Harbin at 757-775-8183 or mcharbin48@gmail.com.

If rain forces a cancellation, we’ll meet the following Tuesday, same time and place with the same casting characters.
In 1863, President Abraham Lincoln started a movement during the Civil War to unite the nation via railroad. On May 10, 1869, at Utah’s Promontory Summit, Leland Stanford of the Central Pacific Railroad drove the “Golden Spike” into the tie, completing the transcontinental railroad. At that moment the on-site telegrapher tapped out in Morse code the word “Done.” With the completion of the railroad, travel time to the West Coast was reduced from six months or more to just a week.

The 150th anniversary of that momentous event recently occurred on May 10, 2019. I had the good fortune to join my son and grandson for the two days of festivities held in Ogden, Utah and Promontory Summit. On May 9, the cow-catcher to cow-catcher meeting of the Central Pacific and Union Pacific locomotives was recreated in Ogden, but this time with much larger steam locomotives.

One of the locomotives was UP 844, a Northern Class engine. However, the star of the show was UP 4014, the only operating Big Boy in existence. Union Pacific had spent the last five years restoring 4014 to operating condition, completing the restoration just in time for the ceremony in Ogden. At 85 feet long and weighing more than 1.2 million pounds, Big Boy is arguably the largest steam engine ever built. The first engines of this class began service in 1941. Since they were being built to haul freight over the Wasatch Mountains, Union Pacific had planned to name the class the “Wasatch.” However, during construction, one of the workers chalked the words “Big Boy” on the boiler and that name stuck.

The next day, about 16,000 people piled into the Golden Spike National Historical Park to participate in the anniversary celebration of the actual completion of the transcontinental railroad. With replicas of the Central Pacific Jupiter and the Union Pacific #119 facing each other, dignitaries from Federal and State governments, local leaders and Union Pacific Railroad executives praised Lincoln’s vision, the great engineering feat that took place 150 years ago and the workers who made it possible. For the first time, the contribution of the immigrant workforce was recognized, in particular the more than 15,000 Chinese workers who made up 90 percent of the Central Pacific Railroad workforce.

Editor’s Note: Paul Cieurzo is a member of the Ford’s Colony Model Railroad Club, which has been following the restoration of UP 4014. He will be doing a presentation of this trip to the club in November.
THERE will be two major changes to the Model Railroad Club’s schedule of special events in 2019. First, the annual Open House Layout Tour, which has traditionally been held the first weekend in November, will be held in the spring of 2020 on a Sunday afternoon yet to be determined.

The second change is the location of this year’s Model Train Show. The club is excited to announce that the Model Train Show will be held on Grand Illumination weekend, December 7 and 8, 2019 at the Stryker Center, 412 North Boundary Street, Williamsburg. This year is the 15th anniversary of this popular community event, co-sponsored by the Williamsburg Regional Library. Anticipated renovations to the James City County Library in Norge necessitated the relocation.
Our 30th year has been capped off by providing scholarships for six area students in grades 5 through 12 to attend Nature Camp this summer. Nature Camp has been the club’s charity for 16 years. Nature Camp is a private nonprofit residential co-ed summer camp that specializes in natural history and environmental science. Located in the valley of Big Mary’s Creek in the Blue Ridge Mountains, it has trained interested, knowledgeable youth to conserve and protect the environment since 1942. To learn more about scholarships to Nature Camp, contact Tina Taverna at 703-615-5561.

Garden Club will resume regular Wednesday meetings on September 11 at the S&T Club. Coffee and tea are served at 9 a.m. and the meetings begin at 9:30 a.m. Additional information about the Garden Club may be found on the FCGC page at fchoa.org.

See you in September!
Ford’s Colony Dominates in Williamsburg Pickleball Tournament

By Chuck Deschaine

On June 25, the Williamsburg Department of Parks and Recreation sponsored its first-ever “Pickleball Frenzy Tournament.” The tournament was held at the Quarterpath Recreation Center and featured pickleball players from as far away as Richmond and Virginia Beach competing for the most points.

This was accomplished by having timed eight-minute matches with random partners over a two-hour period. Each player had six matches, and the tournaments’ medalists were determined by the players accumulating the most points during the evening.

Of the many players who participated, 13 were from Ford’s Colony. We are proud to announce that our pickleball players finished first and second in the tournament. Nick Louridas was the gold medalist and Cathy Sloan was the silver medal winner. Each medalist won a jar of pickles in addition to the honor of defeating top-level pickleball players from our region.

Ford’s Colony Pickleball Club continues to be a leader in area pickleball excellence. We congratulate all of our players who entered the tournament. Many thanks to Chris Prewitt and Tyler Cobb from the Recreation Department for their continuing support of pickleball, the fastest growing sport in the country!

Ladies:
- Closest to the Pin: Joan Golliday
- Longest Drive: Lauren Stimpson
- Low Gross Score: Lauren Stimpson (45)
- Low Net Score – 3rd: Linda Malami (35)
- Low Net Score – 2nd: Fran Lockard (34)
- Low Net Score – 1st: Joan Farnum (31)
- Stableford High Score: Pat Cowan (20)
- “Golf is Hard” Award: Nancy Hojnacki

Gentlemen:
- Closest to the Pin: George Spalthoff
- Longest Drive: John Chiricotti
- Low Gross Score – Tie: Larry Doyle & Peter Stimpson (39)
- Low Net Score – 3rd: Ed Frankle (33)
- Low Net Score – 2nd: Wade Johnson (32)
- Low Net Score – 1st: Scot LeBolt (31)
- Stableford High Score: Vince Sarro (24)
- “Golf is Hard” Award: Walt Hojnacki
ACTIVITIES COMMITTEE

Chair
John Cryer fcactivitieschair@gmail.com

Vice Chair
Muriel Slaughter mslaughter1@verizon.net

Treasurer
Cathi Jaskowiak crijk@gmail.com

Secretary
Sue McKswain fordsocolonyactivities@gmail.com

Director At Large
Leisa Schultz activities.fchoa@gmail.com

Aging In Place/Special Services
Elizabeth Ward Kalb (Betsy) elizabethwardkalb1942@gmail.com

Archery
John Cryer and Bob Koppe cryerp@gmail.com

Bocce Ball
Terry Lowe ttrlowe77@gmail.com

Bible Study: Men’s
Don Alms dralms@cox.net

Bible Study: Women’s
Stephi Fisher stephf1@cox.net

Bid Whist
Bob Sumlin rasumln@cox.net

Bocce Ball
Larry Swore FCDBox@cox.net

Bowling
Bruce Landefeld dillman@cox.net

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Bonnie Hoppengardner FCDuplicate@gmail.com

Bridge: Intermediate
Jay Applegate jjappleg981@gmail.com

Bridge: Monday Evening Beginners
Janie Chamberlain jbiancham75@gmail.com

Bridge: Monday Morning
Bob Dillman dillman@sun.com

Bridge: Round Robin
Ida McNamara idalmac@cox.net

Canasta: Hand, Knee & Foot
June Rhodes and Laurie Rowe fcchand@gmail.com

Caring Neighbors
Kit Ober fccaringneighbors@gmail.com

CERT
Don Alms dralms@cox.net

Chess Club
Greg White ecocazulwhites@gmail.com

Colony Auto Enthusiasts
Milt Berube fcautoenthusiasts@gmail.com

Colony BYOB
Jennifer Rairigh/ Randolph Brown rebrown6@cox.net

Colony Wine & Cheese
Bob Brennan rhrannet6@cox.net

Bob Lund bobblond@cox.net

Competitor & Technology Club
Bob Zornetzer rzornetzer@cox.net

Craft Club
Marianne Phillips mphillips1226@gmail.com

Noreen Bowen nmbowen@cox.net

Dance Band
Larry Swore FCDBox@cox.net

Dance Club
Becky Shenefiel danceclub@gracewalk.net

Emergency Preparedness Volunteers
Paul Caeroz pcezzo@cox.net

Fly Fishing
Mike Harbin michaelharbin@cox.net

Friends and Neighbors
Erna Rodgers rodgersena@cox.net

Garden Club
JoAnn Giesen and Deborah Rockafellow

gardenclubfc@gmail.com

Genealogy Club
Joe Sell jswell1@cox.net

Goldaround
John Tinker jtkinker48@cox.net

Gold & Dine Society
George Spalthoff gds-golf13@cox.net

LHS Fan Club
Tricia Killiany lhssanclubfc@gmail.com

Mah Jongg Mavens
Kim Krieger kkrieger1954@gmail.com

Sally Frazer sfrazer219@cox.net

Masters Swim Interest Group
Matt Williams matt@skypers.com

Model Railroad Club
Chris Schwenker cschwenker@cox.net

Newcomers
John Butterworth

president@FordsColonyNewcomers.com

New Resident Welcome Committee
Jackie Speigel or Paula Wahler

ewneswelcome@gmail.com

Pickleball
Beverly Thomas bjtthomas6024@gmail.com

Pilates Club
Nelia Lamoureux

Dorothy Tibbets

dmcron174@aol.com

BC}

Caring Neighbors Contact Information

Cook’s Pantry
cookspantry.fchoa@gmail.com
Chair: Roseanne Brennan ……… 757-258-3228

Granny’s Attic
grannysattic.fchoa@gmail.com
Chair: Sharon Ruth ………………….. 757-585-2130
and 703-618-8834

Handymen
Jeff Canon …………………….. 757-291-7003
Chuck Colegrove ………………… 757-645-3733
Bob Collins …………………….. 757-343-0267
Bob Dillman …………………….. 757-221-6690
Robert Graves …………………….. 757-603-6702
Mike Jaskowiak …………………….. 757-810-6868

Kent Kipling, Chair ………………….. 757-208-0218
Phil Klein, Co-Chair ………………… 757-220-3949
Dave Kleppinger ………………… 757-817-4645
Bruce Landefeld ………………… 757-229-0637
Terry Moran …………………….. 703-303-1663
Tom Schwartz …………………….. 757-603-6811
Ralph Spohn …………………….. 757-253-5794

Notes For Neighbors
notesforneighbors.fchoa@gmail.com
Chair: Mandy Baldridge ………………… 757-645-4039

Nurse’s Closet
Chair: Betty Moeller …………………….. 757-206-1276

Pinoche
(sanjohnson278@cox.net
Gene Topping matopping@cox.net
RC Sailing Club
Al Starzyk astarzyk@cox.net
Rock Band
Joe DiNuzzo fcdrandjgroup@gmail.com
Running Club
Karen and Joe DiNuzzo running.fchoa@gmail.com
SilverSneakers®
Dorothy Fischer dmfisher830@gmail.com
Softball League
Joe DiNuzzo softball.fchoa@gmail.com
Solitaires
Sue Ruhle crruhle@gmail.com
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Angie Moore-Lobach lobach13@yahoo.com
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Theatre Club
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Claudia Kirk ckirk77@gmail.com
Travel Club
Marlyn Clark ramclark@cox.net
Volunteers for Education
John Cryer cryerp@gmail.com
Walk, Walk, Walk
Cindy Devore FC WalkWalk@gmail.com
Water Aerobics Interest Group
Pat Lund pdlund@cox.net
Wings—Birder Interest Group
Patti Kalabate pralabate@cox.net
Woodworkers Club
Ralph Spohn ralph@alum.mit.edu
Yoga
Christine Imperial christineimpealyoga@gmail.com
Zumba: Basic Beginners
Dawn Ridgway carsridgway@msn.com

Transportation Service
transportation.fchoa@gmail.com
Chair: Kit Ober …………………….. 757-345-0169
Contact: Dave Westfall …………………….. 757-645-2073

For general information or to join… contact Kit Ober at 757-345-0169 or fccaringneighbors@gmail.com or fchoa.org
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**AGING IN PLACE**

Successful aging in place requires a web of connections to family, friends, health and wellness resources, along with social activities that weave together to create a safe and fulfilling environment. Aging in Place Service Group’s guiding theme is education for seniors and their families to aid in the choice to remain safely in cherished homes. Articles in Talk of the Colony, seminars and supporting hand-outs all work in concert to provide information.

Check out our webpage to access the information. Visit feboa.org, key words Aging in Place, for additional information.

We welcome new participants to our group.

Is there a topic of interest to you? Let us know. To learn more about the Aging in Place Service Group contact Betsy Ward Kalb at 561-275-9981 or elizabethwardkalb1942@gmail.com.

**ARCHERY**

Archery will host its next regular monthly meeting on August 29 at 7 p.m. at the S&T Club. If you are interested in archery or are a bow hunter, join us to learn more about new bowhunting opportunities and plan for the next hunting season. If you would like additional information, contact John Cryer at 571-206-2580 or by email cryerjp@gmail.com.

**ARTISTS LEAGUE**

The Artists League meets every Tuesday at the S&T Club from 12 to 3 p.m., except in July and August. We bring our current project to work on while we relax and paint with other artists. We have artists who use oils, acrylics, watercolor, pencil and pastel. Members range from beginners to others who have been painting for quite a while. We enjoy and are often inspired by each other’s work.

Although some of us take lessons at various places, and others enjoy experimenting on their own, we are always ready to help each other if asked.

If you are interested in the arts and would like to join us, we are always open to new members. Contact Elaine Napoda at 757-903-2785 or napolarbear@aol.com or just stop by any Tuesday afternoon.

**BIBLE STUDY: MEN’S**

The Men’s Bible Study is a group of men that meet each second and fourth Thursdays from 9:30 to 10:30 a.m. at the S&T Club to read and engage in free-flowing discussion of the Bible. This month our meeting dates are August 8 and 22. We are now in the third month of our new study of King David, examining his story as it is related in or around 1 Samuel 20-21. To obtain more information call 757-903-2793 or email fcmensbiblestudy@earthlink.net. Come give us a try!

**BIBLE STUDY: WOMEN’S**

After a summer break, we are excited to begin a new year of weekly meetings of Women’s Bible Study on Tuesday morning, September 10 from 9:30 to 11 a.m. at the S&T Club. The new theme for our September-May year is “Timeless Truths for Life”, with the following studies in each season: Fall- Loving Commands of the Creator – a study of the Ten Commandments; Winter- Beautiful Attitudes of Jesus Christ – a study of the Beatitudes; and Spring- Personalities of the Passion – a study of key characters in the passion story of Jesus. On opening day we will begin with an informal Tea, followed by an introduction to the new theme and study. We would love to welcome new faces, along with cherished friends returning to the study.

We offer a warm and welcoming atmosphere and a study with no homework. The stand-alone lessons allow you the freedom to travel when necessary and still enjoy the continuity of the study. Each lesson aims to connect timeless truths from the Bible with real life as we live it day-by-day. A team of teachers rotate to present the Bible lesson each week, followed by Table Talk discussion to help us process the teaching and apply it to

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our lives. It is a wonderful way to build relationships. This group averages about 40 women each week.

Please mark September 10 on your calendar and plan now to come and meet some wonderful women from our neighborhood, doing life together with the Bible as our textbook. If you have questions, please call Stephi at 757-291-4888 or email stephif1@cox.net.

**BID WHIST**

The Bid Whist Club meets on the second Thursday of the month at the S&T Club at 7 p.m., except in July and August. Residents are welcome to join or participate. For information, contact Bob Sumlin at 757-229-8841.

**BOCCE BALL**

Good news--James City County approved the site plan for our permanent court next to the Westbury Park pavilion. The Management Agent is seeking bids, so we’re optimistic that construction will occur this fall.

Don’t forget our new opportunity to play other club members on the first Saturday of each month starting at 8 a.m. Club officers will be at the grass court to help organize and coach any members or potential new members. We had several folks try our sport on July 6 and everyone had a great time!

**BOWLING**

The Fords Colony Mixed Bowling League is on break for the summer. If you are a new resident or someone interested in bowling this fall, let Jeff Marston at fcmondaybowling@gmail.com or Jodi Shrieves at fctuesdaybowling@gmail.com, know so you can be kept informed of future meetings. The September Talk of the Colony will have information for the 2019-2020 bowling season.

**BRIDGE:**

**DUPLICATE**

The Duplicate Bridge Club meets each Wednesday at 12:30 p.m. at the S&T Club. These are sanctioned duplicate games, and master points are awarded. It is not necessary to come with a partner or to be a member of the ACBL. All levels of players are welcome. Table fees are $7 per person. Contact Bonnie Hoopengardner at 757-903-4246, fcduplicate@gmail.com for further information.

**BRIDGE:**

**INTERMEDIATE**

The Intermediate Bridge Club was organized to create a fun and competitive game for better bridge players who want to continue improving bidding and playing skills. This is not a duplicate or beginners’ game. We play 24 hands per afternoon session and use Chicago scoring. Players must understand bidding that includes weak 2s, transfers and Stayman.

We play each Wednesday and Thursday at 1:30 p.m. for about two and a half hours at the S&T Club. The cost is $1 per session. We play full tables with players being accommodated on a first-come, first-served basis. Contact the host for the day as shown below to sign up for any session.

**HOSTS FOR WEDNESDAYS**

August 7     John Greene     757-741-8430     jgreene5551@gmail.com
August 14    Judy Rappe      757-645-3972     rappe@cox.net
August 21    Ann Dillman    757-220-6690     awdrpd@yahoo.com
August 28    Cindy Koch      757-229-1352     insightbh@gmail.com

**HOSTS FOR THURSDAYS**

August 1     Jay Applegate    757-741-8430     japple981@gmail.com
August 8     Jay Applegate    757-741-8430     japple981@gmail.com
August 15    Jane Banfield   757-206-1090     janebanfield@aol.com
August 22    Jane Banfield   757-206-1090     janebanfield@aol.com
August 29    Anne and Dick Rankin 757-564-3588     arankin11@cox.net

For any other questions, contact Jay Applegate at japple981@gmail.com or John Greene at jgreene5551@gmail.com or 757-741-8430.

Information on other duplicate games in Ford’s Colony may be obtained at www.bridgewebs.com/colonial/.
This group meets on the third Monday of the month from 7 to 9:30 p.m. at the S&T Club. Join us if you have recently learned to play bridge, or if your game is “rusty” and you’re learning the new conventions. This is non-competitive, fun bridge designed to develop confidence and skills for those new to the game or those who haven’t played in a while. However, this is not a teaching session and players must know the current rules of contract bridge. An email invitation is sent to group players one week before each session to ask who wants to play. You must sign up in advance each time you plan to attend so we can arrange the table count. Bring $1 for prizes; $2 if it’s the first time you are attending. For more information, or to be added to the group email list, contact Janie Chamberlain at janecham75@gmail.com. We will NOT be playing in August and September. We will resume play October 21.

Join us Mondays at the S&T Club at 9:15 a.m. for a lively morning of social bridge. We play four rounds of six hands with a different partner for each round. This is not a class, and all levels of players are welcome. If you would like to play, see the host information below and call to reserve a place. The host is responsible for arranging even tables of players, so sign up on Monday morning or call as soon as you can. If you should find that you cannot play, let the host know right away so your place can be filled. The cost to play is just $1 and cash prizes are awarded to the top four scorers. For more information, contact chair Bob Dillman at 757-221-6690 or dillman@wm.edu.

HOSTS FOR AUGUST
August 5  Judy Stein
   jstein166@cox.net
   757-565-5285
August 12  Dottie Crumling
   crumling5@aol.com
   757-220-4910

Round Robin Bridge Group welcomes any bridge player who would like to join us at the S&T Club at 6:45 p.m. on the second Thursday of each month. You do not need a partner.

We play five rounds, four hands each, for a total of 20 hands of casual “Chicago-scoring.” We start off our season with a fee of $20, of which $15 goes toward the expenses for the year. Monthly scores will count toward cash awards provided annually. We do not meet in July and August. Our next game is September 12 at 6:45 p.m.

Contact Ida McNamara at idalmac@cox.net or 757 645-3763 if you are interested in joining our group or have any questions. You can join the group any time of the year. We do have make-up games for any games missed. Carolyn Irvine is in charge of make-up games.

The Canasta/Hand, Knee & Foot interest group meets every Friday from 12:30 to 4 p.m. at the S&T Club. Each week, several tables of players gather for both the card game and the socialization.

Residents who play Hand, Knee & Foot, Hand & Foot, Triple Play or any form of Canasta are welcome to join us. Copies of the rules that the group uses are available every time we play. Participants may play as often as they wish. This is a great opportunity to play cards, see and interact with friends and neighbors and not be committed to attend every week. A roster is maintained of all participants who will receive a weekly email asking if they plan to play that week. We calculate the number of tables to request and the

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CANASTA:
HAND, KNEE & FOOT

The Canasta/Hand, Knee & Foot interest group meets every Friday from 12:30 to 4 p.m. at the S&T Club. Each week, several tables of players gather for both the card game and the socialization.

Residents who play Hand, Knee & Foot, Hand & Foot, Triple Play or any form of Canasta are welcome to join us. Copies of the rules that the group uses are available every time we play. Participants may play as often as they wish. This is a great opportunity to play cards, see and interact with friends and neighbors and not be committed to attend every week. A roster is maintained of all participants who will receive a weekly email asking if they plan to play that week. We calculate the number of tables to request and the
quantity of supplies to bring by your email responses. To add your name to the list or to request additional information, contact us at fchkanfe@cox.com, June Rhodes at 757-345 6308 or Laurie Rowe at 757-258-5323.

Caring Neighbors needs volunteers to help with two of our services.

Cook’s Pantry needs volunteer cooks to provide meals or part of a meal to folks in need (you would be called only once or twice a year to help). In addition, several volunteer coordinators are requested that would make calls from a provided list to get in touch with folks that could provide a meal when needed.

Granny’s Attic needs a co-chair that can help take calls or emails when a resident is requesting equipment for visiting grandchildren. If you can help, please call Kit Ober - 757-345-0169.

Following a major disaster such as a hurricane, first responders who provide fire, rescue and medical services will not be able to meet the demand for these services. People may have to rely on each other for help to meet their immediate life-saving and life-sustaining needs.

The James City County Ford’s Colony Community Emergency Response Team (CERT) organization has been in place since 2004, working to help the community prepare for, respond to and cope with the aftermath of disasters such as hurricanes, ice storms, floods, nor’easters and more. James City County provides free training for CERT volunteers to prepare residents to help themselves, their families and their neighborhoods in the event of such an emergency.

Don’t become a victim, become empowered. The team meets at 3 p.m. on the first Wednesday of January, April, July and October at the S&T Club. In a disaster situation, everyone can do something to help themselves and others. For more information, contact Don Alms at draiins@cox.net or at 757-645-7925.

The Chess Club meets on the first and third Monday of each month from 2:30 to 5 p.m. at the S&T Club. Contact Greg White at ecozuluwhite@gmail.com if you have any questions.

Our August activity will be a drive to the Military Aviation Museum in Virginia Beach. The museum is home to one of the largest private collections of World War I and World War II era military aircraft in the world. This activity will be in lieu of our regular monthly meeting.

Our July drive to the Keystone Tractor and Truck Museum in Colonial Heights brought out 29 members driving 16 cars as diverse as a 1955 Chevrolet Belair, a DeLorean, and a 2019 Corvette. This amazing museum houses hundreds of completely restored and operating farm tractors, over-the-road trucks, fire engines and one-of-a-kind vehicles. The owner, Keith Jones, was on-hand to talk about the collection and even demonstrated a couple of his favorites.

The club’s Annual Williamsburg Invitational Car Show at Merchants Square went off as planned with the exception of the weather. Early morning rain delayed positioning of the cars, but sunshine eventually prevailed, and a few thousand visitors enjoyed the show. The club’s donation to the Williamsburg Area RIDES program this year was $1,500, our largest to date.

Additional informative meetings and exciting road trips are being planned for the remainder of the year. Our next regular membership meeting at the S&T Club will be on Wednesday, September 4 at 7 p.m. Several “Car Stories” will be presented by club members. An overnight road trip to the Simeone Automotive Museum in Philadelphia and a viewing of the upcoming “Ford v Ferrari” theatrical movie is being planned for the fall.

New members are always welcome and for $15 annually a family can enjoy the variety of all our events. All regular meetings are held on the first Wednesday of the month at 7 p.m. at the S&T Club. For more information on membership or any of our events, contact Milt Berube or Kirby Lindtveit at FCAutoEnthusiasts@gmail.com.

The Colony Wine & Cheese group will host our Annual Summer Garden Party on August 11 from 5 to 7 p.m. An added option will be a Croquet Match with a
bottle of wine for the winner. This is always an evening of fun and camaraderie. So, don your best summer party attire and ladies bring your fancy hats to show them off.

This event is open to all Ford’s Colony residents. No membership is required. There are regular attendees, but we always welcome fresh faces.

We ask that you bring a “heavy” hors d’oeuvre for 8 to 10 people and $5 per person to cover the cost of beverages and paper products. In addition to beer and wine, we will also offer gin & tonic.

If interested, please contact Bob Brennan at rbrennan6@cox.net or Bob Lund at boblund@cox.net, to RSVP by August 4. Please do so even if you have attended previously, to ensure you are on the email guest list and allow time to get beverages. The host will send an e-mail to ascertain your choice of beverage and provide directions to their residence.

We look forward to seeing you at our garden party for an evening of wine, gin & tonic, appetizers and friendly conversation.

Our goal is to improve our members’ knowledge, skills, use of personal computers, entertainment, communication, audio/visual, security and other technology-based systems through informative presentations, demonstrations, discussions, learning, and sharing of common interests.

Our focus includes, but not limited to, software applications, tools & techniques, computer security, operating systems, performance, the internet, networking, multimedia, digital photography, computer accessories, home entertainment, video devices, audio/visual, tablets, smartphones, home automation, the internet of everything and emerging technologies.

Meetings are held on the third Monday each month from 7 to 9 p.m., except July and August, at the S&T Club. The next meeting will be September 16. Annual dues are $10 per member.

The Craft Club will host a potluck Fall luncheon for all members and prospective members on September 12 at Noon, at the S&T Club. A sign-up sheet will be available at weekly meetings prior to the luncheon.

The Craft Club meets year-round, every Thursday from 1 to 4 p.m. at the S&T Club. Meetings are informal and provide a great opportunity for fellowship, working on personal or outreach projects and learning new skills. All skill levels are welcome. We have many talented members who are willing to teach a variety of skills like basket weaving, bead-making, card making, counted cross stitch, crocheting, decorative painting, knitting, quilting, etc. There are no attendance requirements. Members come as often as they like and their schedules allow. The month of January is dedicated to outreach programs, and club members commit to work on projects to donate to local and remote charitable organizations. Dues are $10 and collected annually by the club treasurer. If you have questions, contact Marianne Phillips at mphilips1226@gmail.com or call 757-645-2378.

Our 6th annual “Good Times at the Belvedere” concert/picnic happens September 8 from 5 to 7 p.m. at the Belvedere on the circle at the Ford’s Colony Country Club (FCCC). See our article in the “In the Colony” section of this publication for details and mark September 8 on your calendars now, so you don’t miss it. If you’re interested in playing with us, or if you know someone who is, please let us know. Also, if you’d like us to play at one of your club functions, a wedding reception, a community fundraiser, etc., we’re just a phone call or e-mail away. Contact Larry Stowe at 757-564-8550 or FCDB@cox.net. Follow us on Facebook at www.facebook.com/fordscolonydanceband.
DANCE CLUB

For the first time Dance Club will be meeting in August and not take our usual summer break. Please watch your email to see if a practice night is cancelled due to low number attendees.

We meet for line dancing every Tuesday night at 6:30 p.m. except for the fifth Tuesday of the month.

EVENING LESSONS AND PRACTICES

August 6  Line Dance Lesson with Cheryl- S&T Club
August 13 Practice- S&T Club
August 20  Line Dance Lesson with Cheryl- S&T Club
August 27  Practice- Exercise Studio

We do have advanced daytime line dance at the CSB Exercise Studio at 10:30 a.m. on Wednesdays. There is very minimal or no teaching, and dances are more complex.

Membership $25 a year or $5 per session per person for visitors. Contact: dance-club@gracewalk.net

EMERGENCY PREPAREDNESS

The Emergency Preparedness Volunteers assist Ford’s Colony Security, Ford’s Colony CERT and Project Maintenance during storms, natural disasters and community events. For example, volunteers may direct traffic in flooded or ice-covered areas or answer phones at the CSB or John Pott Guardhouse. Volunteers, who work outside, work in teams. As we restructure the group, past members and those interested in joining this group are asked to contact Paul Cieurzo at 757-229-7067 or pcieurzo@cox.net. Training is offered and information is shared throughout the year in community seminars and by email messages from the coordinator and team leaders.

FLY FISHING

If you are interested in fly fishing contact Mike Harbin at 757-775-8183 or michaelcharbin@cox.net. Anglers can also see fish caught on recent club trips on our Facebook site at facebook.com/fordscolonyflyfishingclub. Beginners are welcome as we pair them with experienced club members for casting and learning the sport. Join us for the Fly Fishing Casting Clinic. See our article in the “Clubs & Activities” section of this publication for details.

FRIENDS AND NEIGHBORS

September 6: Our year commences with Peter Armstrong, Senior Director of Museum Operations and Education of Jamestown-Yorktown Foundation, who will speak about what is happening there along with the special 2019 commemoration events.

October 4: The ever popular Jayne Barnard will review the 2019/2020 Supreme Court term. She will examine the factual backgrounds, the human beings involved, and the legal issues raised in the cases she finds most intriguing.

November 1: Terry Walker will give a presentation on the Tomb of the Unknown Soldier at Arlington National Cemetery. If you wish to participate in any of our monthly meetings, consider joining us by completing a registration form available on fcfan.org and drop it off at the John Pott Guardhouse. Dues are $10 per person. We welcome all residents and property owners on the first Friday of each month (September through June) at 6:45 p.m. at the S&T Club. During social time, enjoy refreshments while you chat with your friends and neighbors, both new and old.

GARDEN CLUB

The Garden Club continues its hiatus this month. However, the board is working hard to prepare for another successful year starting with the next meeting, September
Have a great summer!

Enjoy your summer gardening!

The Genealogy Club will not be meeting in August. The club, which meets at the S&T Club, on the third Thursday of the month, will next convene on September 19.

We hope that you will take the time this summer to visit and interview relatives on your family history, discuss (and record) family stories, visit town halls, churches, cemeteries, libraries and historical societies where your roots in this country or overseas began, and to otherwise resolve to focus on at least one family mystery. If you’re the person being visited by family, make it a point to bring up and discuss your family history, legends and mysteries. Arouse your family’s interest in their past.

Have a great summer.

Genealogy Club resources on the Ford Colony Website, under “Clubs and Activities”, are available to everyone, not just club members. It contains listings of reference books owned by club members available for you to borrow; power point presentations of prior lectures; Tidewater Genealogy Society bus trip schedules to Washington, DC (DAR Library, National Archives, Library of Congress); and much more. Finally, like us on Facebook, which contains updates to meetings, Tommy’s pointers for researchers and more contemporaneous information than that found on our website.

Golfaround provides residents of all ability levels the opportunity to play area courses at a reasonable cost. Each event is non-competitive unless you want to organize your own game. We try to accommodate groups who would like to play together, but you are welcome to sign up as a single and we’ll place you in a group.

If you want to stay informed of plans and sign up arrangements, contact John Tinker at jtinker48@aol.com to be added to the email distribution list. Looking forward to seeing you on the golf course!

Enjoy your summer gardening!

Join an excited group of adult swimmers dedicated to reaching fitness goals in a fun, healthy and supportive environment. We welcome swimmers of all ages. Master swimmers are assigned to lanes with others of similar ability, and workouts are adjusted according to the experience and ability of swimmers in each lane.

For more information, go to www.fordscolonymastersswim.teamapp.com, or contact Matt Williams at matt@phapps.com or 757-206-6736.

The Mah Jongg Mavens are an enthusiastic group of ladies who come together twice a week to indulge their love of playing Mah Jongg. We play at the S&T Club on Wednesday afternoons from 1 to 4 p.m., and again on Saturday from noon to 3:30 or 4 p.m.

We play American Mah Jongg for points and only play hands that appear on the official 2019 National Mah Jongg League card. On Wednesdays, the player with the highest point total earns the Mahj Queen crown for the week. Saturdays are just for fun. New players are always welcome.

For information and to register to play, contact Kim Krieger at kkriger1954@gmail.com, or just drop by. Happy Mahjing!
Pickleball now has six courts! Our schedule has changed to be more inclusive and flexible for our players.

For August, Pickleball is offering the following schedule of play:

Open Play on six courts - Monday, Wednesday, Friday and Saturday 8 a.m., or Tuesday, Thursday, Friday and Sunday at 5 p.m., all levels welcome. Note: During open play there will be one court designated “Easy Going” and two courts designated “Challenge” for more competitive play.

Beginner/Novice Play on three courts - Tuesday and Thursday at 8 a.m. or Monday and Wednesday at 5 p.m.

Advanced Play on three courts - Tuesday and Thursday at 8 a.m. or Monday and Wednesday at 5 p.m.

The courts are also open for non-club play, if these hours do not meet your schedule. Please remember to only use “quiet” paddles whenever playing.

Whether you are a new player, or have some experience with the game, come join us. The group that plays is extremely friendly and has a lot of fun playing together. We play Round Robin style to keep it interesting. We welcome new members, feel free to stop by and watch, or join us for a game. It’s great exercise, a good way to make new friends and enjoy some time out in the fresh air.

Please be sure to contact us to get on the pickleball distribution list. We have a Ford’s Colony Pickleball App that facilitates communication between players without using email, but lets us know who is interested in playing the next day. We’ll provide complete instructions on how to use the App if you are interested.

Contact Beverly Thomas (lead) at 215-350-9762 or Chuck Deschaine (co-lead) at 757-707-9529 or Fordcolonypickleball2019@gmail.com.

The Pilates Club meets Monday, Wednesday and Friday at 8:15 a.m. at the CSB Exercise Studio. Contact Nelia Lamoureux at noeheide@aol.com or Dorothy Tibbetts at dmcdon5174@aol.com with any questions.

Do you enjoy playing cards? Do you like meeting new people? Whether you’re an old hand or just learning, we would love for you to join us. We play double deck pinochle every Thursday from 1 to 4:30 p.m. at the S&T Club. The rules have never changed, but a set of rules is available.

If you would like to know more about the Pinochle Club or would like to try us out, contact Ralph Johnson at 757-345-0806 or rjohnson278@cox.net, or George Lockett at 757-258-9312 or mend4106@aol.com. Let us know in advance, so we can reserve a seat at one of the tables.

The Rock Band, stage name Marsh Hawk, brings together rock and blues musicians for pre-arranged jam sessions and performances. The group includes singers, guitarists, keyboard players, drummers, horn players and other musicians interested in classic rock and blues, as well as some soft rock and modern country music. All qualifying musicians are welcome to guest-play or sing. The band also has acoustic sessions and theme nights from time to time. Email your interest to Joe DiNuzzo at fcrandrijamgroup@gmail.com.

The FC Running Club is planning a Colony-wide 5K/1-mile run for the fall. Details to follow.

The club welcomes runners of all ages and levels, with an emphasis on family participation. We have one club-member run per month, Sunday morning at 8 a.m., except during July and August. Contact Karen and Joe DiNuzzo at running.fcboa@gmail.com for more info and to sign up.
Silver Sneakers® is designed to improve well-being through fitness education involving strength training, balance and flexibility. Think fall prevention. The goal is to improve physical and mental health and minimize age-related physical degeneration, muscular strength, flexibility, agility, balance and coordination. Exercises are done seated on a chair or standing, while always keeping one foot on the floor.

Silver Sneakers® meets twice weekly, on Tuesdays and Thursdays, at the CSB Exercise Studio. Morning classes are from 11 a.m. to noon, while afternoon classes are from 12:30 to 1:30 p.m.

All classes are open to men and women. Weights, stretch bands and a ball are provided. Participants must wear sneakers and clothing appropriate for exercising. Bring a bottle of water to drink throughout the session. Some healthcare insurance providers will cover the $25 monthly cost.

To register, contact our fully qualified Silver Sneakers Flex instructor Sonya Thomas at 757-254-4917. She is also trained in First Aid, CPR and AED. For general information, contact Dorothy Fischer at 757-345-6663 or dmfischer830@gmail.com.

Also available are Silver Sneakers® Line Dancing classes, which are taught standing (but participants may sit at any time). This weekly class is held from 11 to 11:45 a.m. at the same location on Mondays only. If you also take Line Dance, your total out-of-pocket cost will be $35 monthly.

A special vote will be held in early August for the purpose of increasing next year’s dues from $8 to $10. Joan Emerson will communicate details to the membership by email and a return email vote (yes or no) will be requested. Those without email will be contacted by phone.

A neighborhood favorite, Giuseppe’s, 5525 Olde Towne Road, is the restaurant selected for the third Thursday dinner on August 15 at 5:30 p.m. Reservations requested by August 11 to Barbara Post, 661-373-2986 or brimat@pacbell.net. September dinner venue is undetermined at this time, details to follow. We return to Murdoch’s in October.

In keeping with tradition, the September 12 beginning of the year Kick-Off Breakfast meets at the S&T Club. We will discuss upcoming activities for 2019-2020. Volunteer positions for incoming president and vice-president are still available. Please contact Joan Emerson (see below).

As a single's, social group, we enjoy outings and monthly third Thursday dinners. Anne Waas, treasurer, accepts dues, 757-258-3393 or paswa10@aol.com. Contact our president, Joan Emerson, 757-258-3393 or joan.emerson@yahoo.com, for further information.

Volunteers Requested. Incoming Solitaires President and Vice-President, 2019-2020. Contact Joan Emerson at 757-229-4703 or joan.emerson@yahoo.com.
TAI CHI

Join us Wednesdays from 4:30 to 5:30 p.m. for the study and practice of Tai Chi and Qigong. Our club meets at the CSB Exercise Studio and welcomes beginners and those with experience. Join us to improve your balance, your golf game or to meet your neighbors. We are currently studying the “Eight Form.” We will begin the study of 24 Form in September.

Wear comfortable clothing and flat supportive shoes. Cost is $50 per 10-week session. Or you may join anytime for a pro-rated fee.

Tai Chi has been practiced for centuries and modern medicine has acknowledged its benefits for improving balance, strengthening joints and muscles, improving flexibility, and reducing stress. It is a slow motion, low impact exercise that focuses the person’s attention to their movements and breathing. It is beneficial for people of all ages and physical abilities. The forms can be performed while seated if standing is an issue. More information can be found on our instructor’s website: williamsburgtaij.com.

For information, contact our officers: Gwen Schatzman, President, at 757-564-9305, Susan Deane, Treasurer, at 757-849-2404, or Elmer May, Vice President at 757-259-9905.

Is the summer heat too sweltering for outdoor fitness activities? Is walking not meeting your health/fitness needs? Are you looking for an exercise option performed in a cool environment that is inviting and fun yet challenging? Look no further, Take Charge Fitness (TCF) has the answer for you. Whether you seek strength (resistance/weight) training, low impact cardio, or to enhance your agility, balance, coordination and/or flexibility, TCF will meet your needs. Angie, the instructor, a small business owner and a certified personal trainer, incorporates many different strategies/techniques, as well as various modes of equipment to meet everyone’s needs. Safety cues and modifications for each participant’s body type and history are incorporated, keeping exercise safe, efficient, and productive for all enrolled. You get the benefits of group exercise, accountability and comradery, as well as educational and fairly personalized instruction as our group is small.

Why not give something new a try? Join us Tuesdays and Thursdays from 8 to 9 a.m. in the CSB Exercise Studio, $7.50 per class or $40 for 8 sessions. Have questions or want more information on the class or personal training? Contact Angie Moore-Lobach at 757-869-4571 or lobach13@yahoo.com.

The TC Racket Round-Up was a big success. Used rackets were donated to Huntington Park for their youth inner city tennis program.

August 25 through August 28, several TC Members will be travelling to the US Open. We will look forward to them sharing their experience when they return to the courts in September.

The TC Men will be having their annual social on August 26 to raise funds for Hospice House. For more information contact the TC at: FCTennisBoard@gmail.com.

On September 21, the TC will host members of Two Rivers Country Club for a Mixed Doubles social at Westbury Park.

Invitations to sign-up will be sent this month.

New players are always welcome. Open groups for women and men play on Mondays, Tuesdays, Thursdays, Fridays and Saturdays. Some groups are skill level based. Residents are encouraged to check the bulletin boards at S&T or Westbury Park for group court assignments. To join a group, contact the TC at: FCTennisBoard@gmail.com.

Trailblazers will hold their next meeting on September 9. Mark your calendars and come join us that evening for a speaker from BikeWalk Williamsburg, an organization dedicated to promoting safe places to bike and walk in our community. Their goal is a seamless network of sidewalks, bike paths, and bike lanes that encourage everyone to bike and walk everywhere. BikeWalk Williamsburg sponsors Pedal the Parkway, Cycling Without Age, and various bicycle safety education programs.

Also, on September 9, we’ll learn about the adventures planned for the fall months ahead - with walking, biking, or kayaking options for exploring the local trails and waterways. Until then, if you’re looking for a shady walking path, check out the Ford’s Colony Nature Trail, which Trailblazers helps maintain. Park at Westbury and hike the trail, then come back and take a swim.

The courts at Westbury Park were in full swing at the Men’s Social. Photo by Joy Bryant
TRAVEL CLUB

It may be the dog days of August but not too early to sign up for our great fall trips. On October 3, plan on visiting Mount Vernon - George and Martha Washington’s plantation - where you will tour the mansion, gardens, grounds, family tomb and museum, then maybe check out the distillery. This trip is only $100 per person, and you don’t need to drive Rt. 95. A meal at the cafeteria is included. Please let Jan Leslie know by August 27 (rjleslie@cox.net). Better yet, put your check along with your contact info in an envelope marked “Travel Club” and leave it at the John Pott Gate.

How about traveling to the “Big Apple” for 5 days and 4 nights November 22-26? Included are transportation, lodging, 4 breakfasts, 5 dinners, a guided tour of NYC, a visit to the new National 911 Museum, the stunning One World Observatory and much more. The trip is flexible if you want to break away and take in a Saturday or Sunday Broadway matinee, Hamilton anyone? Or dinner at your favorite NYC eatery, Le Bernarden?

The price is only $635 per person, double occupancy. Please contact Trish Ruscak at 757-903-5065 or truscak@gmail.com, or Anne Butler at 757-345-0007 or jabutler@cox.net for more details and to sign up by August 25.

Not yet a member? Join to take advantage of these great deals and others to come. Annual dues are only $10. You can leave your check in an envelope at the John Pott Gate.

VOLUNTEERS FOR EDUCATION

An award-winning program recognized by the WJCC community for several years, this program focuses on making a difference in the lives of students attending the WJCC public schools. Ford’s Colony residents volunteer to tutor students with reading, math, science and other required subjects. As a volunteer tutor, you must offer a minimum of one hour per week to as many hours as you would like. No previous experience as an educator is required. WJCC teachers and subject specialists will provide an orientation to the school, training and on-going assistance.

Each volunteer is partnered with a teacher who assigns a child or a group of children requiring additional attention to help them on their way to learning success. Volunteers for Education is a valued community partner, because of the enriched learning experience our residents provide for the students.

For further information on becoming a Volunteer for Education, contact John Cryer at cryerjp@gmail.com.

WATER AEROBICS

Come join the Water Aerobic/Water Exercise classes at the S&T Club pool and stay cool while exercising. Sessions run from 8:45 to 10 a.m., Monday through Friday through August 30. Residents can choose the Monday, Wednesday, Friday or the Tuesday, Thursday sessions. The MWF sessions are faster paced, concentrating on aerobic exercises; whereas the T-Th sessions concentrate on range of motion, stretching and personal balance. Attendees are asked to sign in on our clipboard for each session. In lieu of dues, we ask that participants make a donation so that all volunteer leaders can be recognized with a gift at our August 28 potluck brunch. Bring two noodles to class, and don’t forget your sunscreen. See you at the pool!

Questions? Contact Pat Lund at pzlund@cox.net.

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Not yet a member? Join to take advantage of these great deals and others to come. Annual dues are only $10. You can leave your check in an envelope at the John Pott Gate.

And speaking of other trips, Barbara Smith is working on several. How about a Hudson Valley scenic trip next spring, or a week in Iceland to see the entire island next summer? Have you been to the Mariners’ Museum in Newport News? Connie Schaub is working on a behind-the-scenes visit for next spring.

Our monthly programs kick off on September 24. You won’t want to miss what we have in store for this meeting and those following. More to come.
The young birds may have left the nest, but they’re still here in Ford’s Colony, so WINGS’ bird walks will continue every Tuesday on Ford’s Colony’s Nature Trail. The group meets at the Westbury pool parking lot. Most walks start at 7:30 a.m., with one exception: on the second Tuesday of the month, August 13, the walk will start at 1 p.m. Wear good hiking shoes, and bring binoculars if you have them! Year to date, birders have identified 80 species during the weekly walks. If you have any questions, contact George Martin at grm0803@gmail.com.

WINGS’ meeting schedule will pause for the summer. The next meeting will be Monday, September 9 at the S&T Club, starting with socializing at 6:30 p.m. and a presentation starting at 7 p.m. Nancy Barnhart, a Williamsburg Bird Club member and a recognized expert, will tell us how to identify finches.

During our June meeting at Roger Hall’s copy of the Wythe House, he gave an example of how to plane figured wood. Several of us attempted this too with some success. He also described how he was making a bottle container for six liquor bottles. His detailed work and marquetry were beautiful! During July and August there are no FC Woodworkers’ Club meetings. We will resume meetings on September 10.

Anyone interested in joining the FC Woodworkers’ Club should email their interest to Ralph Spohn at ralph@alum.mit.edu.

New Yoga classes are starting August 6. Join Christine Imperial, a Certified Yoga & Barre Instructor and Ford’s Colony resident, Tuesday and Thursday mornings at 9:15 a.m. located in the CBS Exercise Studio for all levels group Yoga. We will not meet on August 20 & 22. Our classes will focus on balance, strength and flexibility while improving the overall health and wellness of mind & body. As a certified Yoga and Barre Instructor, Christine incorporates her love of movement, mindfulness and sometimes a little humor to help every “body” achieve increased strength, balance and inner peace.

All classes are payable by a suggested donation amount of $8 per class. Please bring an exercise mat, yoga block, yoga strap, bottle of water and wear exercise appropriate clothing. For more information, contact Christine Imperial at christineimperialyoga@gmail.com.

Ditch the workout and join the party! Come learn the steps and rhythms that make up a Zumba class in a friendly, supportive group. A variety of music is used. Regular classes begin again on August 2, and meet for one hour, three times per week: Mondays at 9:30 a.m., Wednesdays at 9:20 a.m., and Fridays at 10:30 a.m. Classes are held in the CSB Exercise Studio and are subject to change based on holidays and inclement weather. Comfortable clothing and dance-able sneakers are needed, along with a filled water bottle to maintain hydration. Regular weekly communication via email keeps everyone informed. For more information, contact Dawn Ridgway, Zumba Instructor, at carsridgway@msn.com or at 570-204-3180.

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To submit your classified ad, log in to fchoa.org. Click on “Residents” tab and then click on “Classifieds” tab. Scroll to “Submit your Classified Ad” on the right side of page and fill in the appropriate information. Ads must be 40 words or less. Two items may be featured. Classified ads are free to FC residents. There is a $20 fee for non-residents. Non-residents need to contact Jenny Holland at 757-258-4270 for payment and ad information.

All classified ads also appear on the fchoa.org website. All ads must be received by the 15th of each month for the following month. Printed ads are based on space availability.

Denotes photos of the item are available at fchoa.org
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